

ACVP Mentorship Program Resources

Highly recommended

<https://www.youtube.com/watch?v=vSpyKjyr7Gw&list=PL4ripzZbflsxlwvqaUf7RgO4pMNnqaKXs&index=4>

One-hour webinar (*at the 42-minute mark the webinar discusses a different mentoring program)

This webinar will introduce you to the developmental model of mentoring. You will also learn how to get the most out of mentoring relationships.

Optional:

Good Mentorship <https://acmedsci.ac.uk/file-download/41814063>

The Lifelong Learners Guide to Mentorship

<https://www.atlassian.com/blog/teamwork/career-mentorship-guide>

OSCAR Model <https://acmedsci.ac.uk/file-download/48502914>

Distance Mentoring <https://acmedsci.ac.uk/file-download/69878433>

Optional material (or maybe a good starting point for mentor/mentee pairs)

There are many great resources on this topic, so please feel free to choose from resources you are familiar with.

Books

Unlocking Your Authentic Self, Dr. Jennifer Hunt

Start with Why, Simon Sinek

The Mentoring Guide: Helping Mentors and Mentees Succeed, Vineet Chopra, Valerie Vaughn, Sanjay Saint

Thanks for the Feedback: The Science and Art of Receiving Feedback Well, Sheila Heen and Doug Stone

Articles

Mentoring Millennials <https://jamanetwork.com/journals/jama/article-abstract/2678619>

Mentee Missteps: Tales from the Academic Trenches

<https://jamanetwork.com/journals/jama/fullarticle/2600471>

Mentoring: Seven Roles and Some Specifics

<https://www.atsjournals.org/doi/pdf/10.1164/rccm.2405004>

3 Reasons All Great Leaders Have Mentors (and Mentees)

<https://www.forbes.com/sites/brianrashid/2017/05/02/3-reasons-all-great-leaders-have-mentors-and-mentees/#1ff35c9d13f9>

How to Be a Great Mentee

<https://www.forbes.com/sites/ashiraprossack1/2018/04/27/how-to-be-a-great-mentee/#6124b6c3512b>

Videos

Simon Sinek: Why Reciprocity Improves Mentor Mentee Relationships

<https://www.youtube.com/watch?v=NrWg1qy2WNI>

Kenneth Ortiz - How to be a Great Mentor https://www.youtube.com/watch?v=G3q8kEn_nsg

Uche Ofodile – How successful women can replicate their success through mentoring

<https://www.youtube.com/watch?v=wasRGHHI97s>

Patrick Boland –Failure and the Importance of mentors <https://www.youtube.com/watch?v=-o-uGCPnHCw>

Lauren Hoebee – Millennials need a mentor in the workplace

https://www.youtube.com/watch?v=4kIHR-tkf_g

Lori Hunt – The Power of Mentoring <https://www.youtube.com/watch?v=Atme26C0I5E>